

**“From The Inside Out”
The life of David Part 1
I Samuel 16**

Confusing the outside and the inside



Two ways of seeing

God sees you

Questions to Ponder

In what ways have you found yourself stuck on valuing the outside over the inside?

- Why do you think this is often the way we live life?
- How have you experienced God attempting to interrupt this thinking?

What caught your attention the most from our scriptures today?

- Pay attention to why you are drawn to this.
- What might God be saying through this?

1 Samuel 16:7 But the Lord said to Samuel, “Don’t judge by his appearance or height, for I have rejected him. The Lord doesn’t see things the way you see them. People judge by outward appearance, but the Lord looks at the heart.”

- Why did this surprise Samuel?
- What insights does this give us for our own eyesight?

God led Samuel through His Holy Spirit to see in new ways.

- How can you grow in “keeping in step with the Spirit”? (Galatians 5:25)
- How have you experienced this lately?

God doesn’t worry so much about our gifts, talents, abilities as much as our heart.

- What are your thoughts concerning this?
- When have you observed this being true?

When God looks at your heart, what does he see?

- What areas bring a smile to God?
- What areas need to be surrendered over to God more fully?